WHEREAS: Food is the substance by which life is sustained; and

WHEREAS: The type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS: There is a need for continuing nutrition education and a broad effort to enhance eating practices; and

WHEREAS: The Oregon Academy of Nutrition and Dietetics invites all Oregonians to join others across the country in observing March as National Nutrition Month.

NOW, THEREFORE: I, Kate Brown, Governor of the State of Oregon, hereby proclaim March 2020 to be

NATIONAL NUTRITION MONTH

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, January 22, 2020.

Kate Brown, Governor

Bev Clarno, Secretary of State